

GET ORGANISED

SPRING CLEANING EDITION

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**FROM CHAOS
TO CALM**
**Q&A WITH
CHELSEA
SMITH**

BONUS
**SPRING
CLEANING
GUIDE**

**PLAYROOM
PARADISE**
CLUTTER-FREE PLAY

**DRAB
TO FAB!**
MAKEOVERS

7-DAY
DECLUTTER
CHALLENGE

HOW TO
DOWNSIZE
YOUR HOME



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**Q&A WITH
CHELSEA SMITH**



**DRAB TO FAB!
SEE ALL MAKEOVERS**



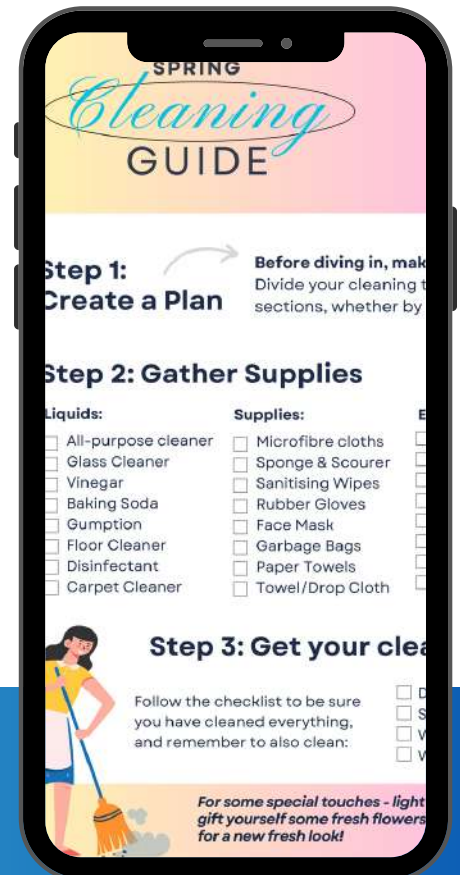
**PLAYROOM
PARADISE**



DOWNSIZING



**7-DAY DECLUTTER
CHALLENGE**



**SPRING CLEANING
GUIDE**



CLICK HERE

A MESSAGE FROM THE EDITOR



SPRING HAS SPRUNG!

Here in Australia, it's finally Springtime - and we are embracing a new season of **fresh starts**.

It's the perfect time to declutter your wardrobe, organise your workspace and give your home a well-deserved makeover.

In this magazine, you'll meet the best **Professional Organisers of Australia** who have tips and real stories that'll inspire you to embrace the newness this season brings.

Here's to clearing out the old and making way for a fresh new season!

Jemma x

JEMMA WAHBAH
PROFESSIONAL ORGANISER

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FROM CHAOS TO CALM

Q&A WITH CHELSEA SMITH



MEET CHELSEA SMITH

Professional Home Organiser
and Course Instructor of
Chaos to Calm



For almost 10 years, Chelsea has been helping people all over Australia to experience the **transformation benefits** of decluttering and organising their homes.

Q: Why is it so important to be organised?

An organised home has so many benefits, and plays a vital role in **enhancing productivity**.

When everything has a designated place and clutter is minimised, it becomes easier to focus on tasks and find what you need quickly.

Q: Have you always been an organised person?

Interestingly, my own journey towards organisation wasn't particularly smooth!

Like many, I have experienced the overwhelming feeling of accumulating items that no longer served me in my home.

So, when I made the conscious decision to bring about a positive change in my life by decluttering and organising my space, the transformation was truly remarkable.

"A well-organised space enhances the aesthetics and brings a sense of calm and efficiency to our daily lives"



[VIEW THE COURSE](#)



Q: What inspired you to become a Professional Home Organiser?

It was through experiencing the transformative benefits of decluttering and organisation in my own life that I became passionate about helping others along their own journey.



Q: What are some challenges your clients face?

Most people feel **overwhelmed**. They don't know where to start, and simply don't have the time it takes to tackle the tasks.

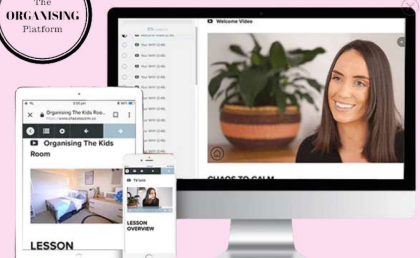
For many people, they have issues with owning **too many things** - and not having enough storage space.

How to get started...

Not quite ready to hire an Organiser?

Learn how to get organised from the comfort of your own home!

Take the online course and learn the steps to declutter and get organised.



REGISTER HERE





FROM CHAOS TO CALM

WITH CHELSEA SMITH

Our *Chaos to Calm* course is designed to help you take back control of your life and increase your productivity around the house.



**ENROLL IN THE
ONLINE COURSE**

- ✓ Real Action Plans
- ✓ Learn at Home
- ✓ Step-By-Step Video Modules
- ✓ Ongoing support & updates
- ✓ Accountability & Encouragement
- ✓ Expert Guest Speakers





DRAB TO FAB!

ROOM MAKEOVERS



MAKEOVERS

LINEN CUPBOARD MAKEOVER

"I love implementing labelled baskets into linen spaces. It helps categorise items, keep them neat, and is easy for the whole family to find items."

**Nathalie,
Home Organiser**

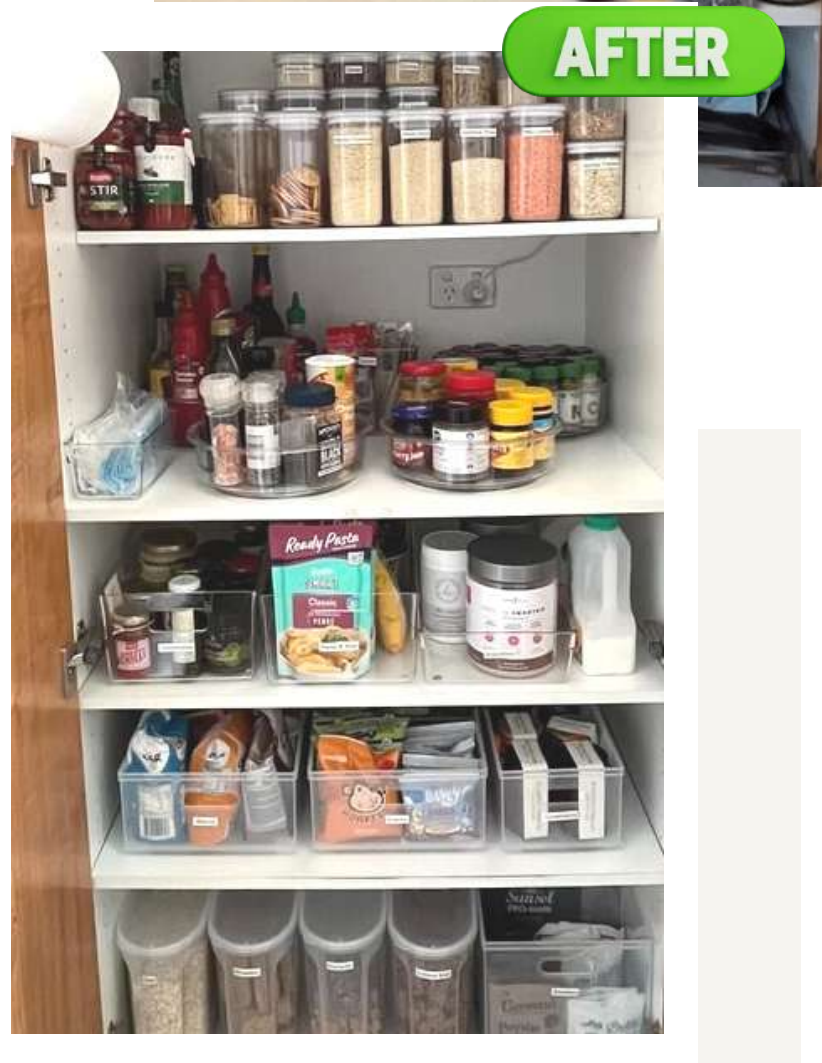


MAKEOVERS

PANTRY CLUTTER BE GONE!

"By implementing simple organising solutions, you will save time (and stress) when trying to find items you need day-to-day. Categorising and labelling will help make sure everything is returned to the right spot!"

**Danielle,
Lifestyle Concierge**

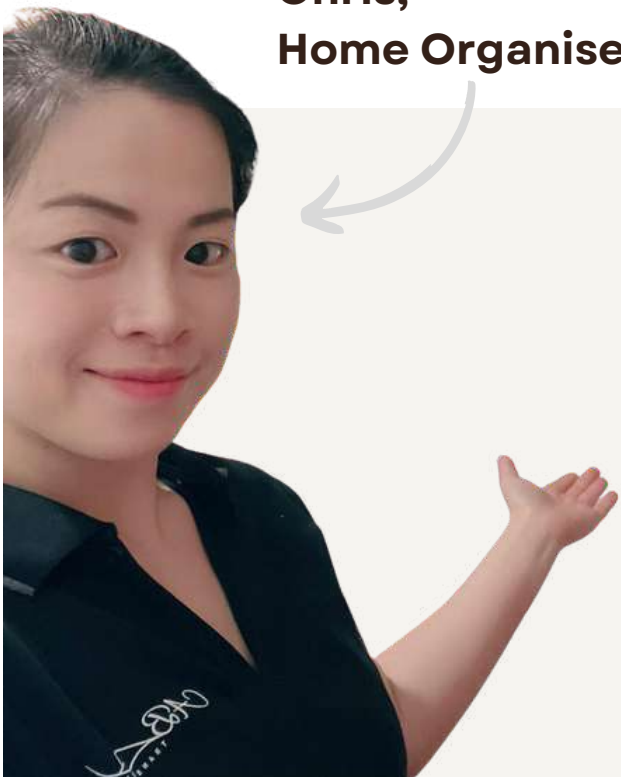


MAKEOVERS

WARDROBE MAKEOVER

"There are so many items in a wardrobe! It's important to create zones in this space, which will make getting ready in the morning an easy and enjoyable process!"

**Chris,
Home Organiser**



AFTER



MAKEOVERS

FROM CHAOS TO CALM

"This is a 'miscellaneous' cupboard that my client was too overwhelmed to tackle herself. By removing all items, sorting into categories and returning into containers, the calm and order is restored."

**Sarah,
Home Organiser**



BEFORE



AFTER



MAKEOVERS

BOYS WARDROBE MAKEOVER

"Kids Spaces are one of my favourite areas to transform. The white baskets reduce visual clutter and give it a clean look. My tip is to hang as much as possible so there's less to fold!"

**Leandra,
Home Organiser**



MAKEOVERS

PROJECT: PANTRY PERFECTION

"We really enjoyed this makeover! Our client can now easily meal prep, grocery shop and reduce food wastage."

**Rosalie & Liz,
Home Organisers**



BEFORE



AFTER





PLAYROOM PARADISE

SYSTEMS FOR CLUTTER-FREE PLAY



The Art of Letting Go: Decluttering Toys



A playroom is not just a room; it's a world of imagination, creativity, and exploration for your little ones.

However, it's all too easy for this haven of fun to become an overwhelming, chaotic mess.

The solution? A strategic decluttering mission to make space for more play and creativity!



When decluttering items, ask yourself...

- *Is it still being played with?*
- *Is it in good working condition?*
- *Is it safe and age appropriate?*

If the answer to all three questions isn't a resounding "yes," it's time to consider parting ways.

PRO TIP: Create a 'home' for every toy, and be sure to label to make packing away easy!





Playfully Organised: Storage Solutions

Efficient storage solutions are key to maintaining an organised play space.

When items have designated homes, it's easier for both kids and parents to keep things tidy!

Create an Art Zone to encourage creative play!



Using clear, stackable drawers is a great way to store LEGO!

Maximise vertical space with cube shelving units





Toy Rotation: Creating a system

Toy rotation is a fantastic strategy to keep your kids' playroom organised, engaging, and clutter-free.

By periodically swapping out toys, you can maintain a fresh and exciting play space that is easy to maintain keep tidy!



To avoid overwhelming the child with too many choices at once, be sure to **slowly** introduce a new toy rotation set.

How to create a toy rotation system in 3 easy steps!



Assess your toy collection & sort items by category.



Divide the toys into sets that will be rotated in & out (store out of sight!)



Observe play patterns and gradually swap out any toys that are no longer being played with.





Downsizing

Expert Tips



Downsizing: Creating a Minimalist Home

Carol Posener, Get Organised



In a world where less is often more, downsizing your home can be a liberating journey toward a more intentional and fulfilling lifestyle.

Some downsize for financial freedom, environmental consciousness or a simpler life - knowing **why** you are doing it will guide your decisions through the process.

MAKING TOUGH DECISIONS

Begin by categorising all your items into **essentials**, **sentimental** items, and those that **no longer serve a purpose**.

While it may require letting go of some attachments, downsizing opens the door to a more intentional and mindful way of living.

As you downsize, aim to create a space that reflects your current lifestyle and aspirations.

Emphasize quality over quantity, ensuring that each item adds value to your life.



The key foundations for living simply

1. Declutter room by room

Simply breaking down this big task into chunks, working your way through the home by completing each room before moving to the next, will make the job easier.

2. Create 'homes' for your items

Give every single item in your home a place to be stored, and make sure everyone in the family knows where to find everything.

3. Establish good habits

For example, leave a room as you found it, or better than how you found it! Be sure to put things away after use and keep your floor and hallways clear.

4. Style your space

In a small home, you only need essential furniture items, avoid large cabinetry that are filled with items collecting dust.

5. Get clever with storage

Storage can be squeezed into the tightest spaces - under stairs, inside cupboards by adding more shelves. Clever storage is the key to creating a visually minimalist home.

Carol Posener is a Professional Organiser and author of 'Get Organised - A Practical Guide to Organising Your Home and Office'





DECLUTTER CHALLENGE

7-DAY GUIDE



DECLUTTER CHALLENGE

CLUTTER-FREE in 7 Days!

In this guide, we'll take you step-by-step through a week of focused decluttering, helping you to say goodbye to the chaos and embrace a simpler, more joyful way of living.



DID YOU KNOW

You can make a booking for a **Virtual Organising Session** with an expert Organiser. Over Zoom, they can help guide you through the steps to getting organised.

MEET SARAH



Get ready to bid farewell to the unnecessary, make room for what truly matters and rediscover the beauty of your home.

START THE 7-DAY DECLUTTER CHALLENGE



MEET LUCY



CREATE THE LIFE YOU LOVE

7 DAY CHALLENGE

01

Entryway Elegance

Start strong by tackling your entryway. Clear out shoes, jackets, and stray items. Create an inviting space that sets the tone for the rest of your home.



02

Living Room Refresh

Clear your living space. Remove excess decor, magazines, and items that don't align with your aesthetic. Create an area that invites relaxation and socialising.



03

Clothing Cleanse

Dive into your wardrobe. Donate or discard clothes you no longer wear, making space for outfits that make you feel confident and comfortable.





04

Kitchen Crusade

Focus on the kitchen today. Sort through cabinets and drawers. Bid farewell to utensils, appliances, or expired items you no longer use.

Bathroom Bliss

Revitalize your bathroom. Dispose of expired products, old towels, and unused toiletries. Arrange your essentials in an orderly fashion for a refreshing start to your day.

05



06

Home Office Harmony

Declutter your workspace. Tidy up papers, organise cables, and sort through office supplies. Create a productive environment that fuels your creativity and efficiency.



Bedroom Serenity

Conclude with your bedroom. Keep only items that contribute to restful sleep and tranquillity. Tidy bedside tables and create an atmosphere that promotes relaxation.

07



DECLUTTERING: ONE CATEGORY AT A TIME



Karen is a Certified KonMari Consultant that involved a six-month process consisting of training, reports and exams.

Before you start cleaning, you must first *declutter*! A popular decluttering method is KonMari.

So, what is the KonMari Method?

The KonMari Method, developed by Marie Kondo, is a unique way of tidying up. It's all about keeping items that bring joy and letting go of the rest.

Instead of organising room by room, you **tidy by categories!**

Starting with clothes and moving through books, papers, and more.

This method not only clears clutter but also transforms your connection to your possessions, promoting a balanced and joyful living space.

Master the art of vertical file folding!



NEW Monthly Newsletter

Subscribe to my email list to receive my monthly newsletter filled with special promotions and freebies to help get you organised.



[Link in the comments](#)

Book a Virtual Session

Karen also offers **Virtual Organising Sessions** - from anywhere in Australia! Be sure to visit her website and subscribe to her monthly newsletter for organising tips & inspiration.





SPRING CLEANING

THE ULTIMATE GUIDE



INSIDER TIPS:

Spruce up your home like a pro

Maintaining a clean and organised home is essential for your **physical health**, **productivity** and promotes a **positive mindset**.

Cleaning tips you wish you knew sooner!



Work from top to bottom: dust ceiling corners, light fixtures, and shelves before moving down to countertops and floors.



For tough stains: give them a bit of time to loosen by applying the cleaning solution and returning to it later.



Grease build-up on cabinets can be tackled with a vinegar and water solution.



Clean your microwave: bowl of water and lemon slices heated for a few minutes will loosen grime, making it easy to wipe away.



"When spring cleaning your home, take it one room at a time to avoid feeling overwhelmed!"

Meet Katie, Professional Cleaner and founder of 'Queen of Cleans' in the Central Coast, NSW



SPRING *Cleaning* GUIDE



Step 1: Create a Plan



Before diving in, make a plan of attack!

Divide your cleaning tasks into manageable sections, whether by room or by type of task.

Step 2: Gather Supplies

Liquids:

- All-purpose cleaner
- Glass Cleaner
- Vinegar
- Baking Soda
- Gumption
- Floor Cleaner
- Disinfectant
- Carpet Cleaner

Supplies:

- Microfibre cloths
- Sponge & Scourer
- Sanitising Wipes
- Rubber Gloves
- Face Mask
- Garbage Bags
- Paper Towels
- Towel/Drop Cloth

Equipment:

- Vacuum Cleaner
- Dust Pan & Broom
- Step ladder
- Mop & Bucket
- Pressure Washer
- Scrub Brushes
- Squeegee
- Label Maker

Step 3: Get your clean on!

Follow the checklist to be sure you have cleaned everything, and remember to also clean:

- Door handles
- Skirting Boards
- Walls
- Windows & tracks



MAKE IT FUN! Pump up the tunes, listen to an audiobook, or make some phone calls whilst you are dusting away!

SPRING

Cleaning CHECKLIST



Kitchen

- Wipe benches & cabinet doors
- Clean splashback
- Shine appliances & sink
- Clean rangehood
- Clean microwave inside/out
- Dust on top of fridge & light fixtures
- Clean table & chairs
- Cleanout fridge
- Dust & spot clean glass
- Clean & empty garbage bins
- Book a pantry makeover session

Bedrooms

- Dust ceiling fan & lights
- Replace bed linen
- Flip your mattress
- Clean under furniture & behind bed
- Clean window sills and coverings
- Wash curtains, cushions and throws
- Clean side tables
- Dust decor, lamps & ornaments
- Declutter clothes & shoes
- Clean & empty garbage bins
- Vacuum & Mop

Bathrooms

- Clean benchtops, sink & cabinets
- Clean mirror & polish fixtures
- Scrub walls and grout
- Clean toilet inside & out
- Clean shower and/or bathtub
- Straighten or replace towels
- Check exhaust fan
- Clean ceiling lights
- Empty & replace garbage
- Clean vanity cupboards
- Declutter & replenish supplies

Entryway

- Declutter any items not needed
- Wash front door with soapy water
- Wipe down walls and remove stains
- Clean door frames & skirting boards
- Dust window sills & clean windows
- Vacuum and mop

next 



SPRING

Cleaning CHECKLIST

Staircase & Hallways

- Sanitise railing & bannister
- Vacuum/clean stairs
- Vacuum floor mats and rugs
- Clean walls & skirting boards

Dining Room

- Dust light fitting & lamps
- Wipe walls & framed artwork
- Clean table & chairs
- Declutter & clean storage cabinets
- Vacuum & mop

Linin Cupboard

- Empty the linen cupboard
- Wipe clean shelves and doors
- Organise all items by category
- Donate any worn or unwanted items
- Insert labelled storage tubs
- Return items into designated spots

Living Room

- Remove excess clutter
- Sanitise TV remotes
- Wash & remove stains off walls
- Wipe all surfaces & skirting
- Wash cushion covers
- Spot clean rug & sofa
- Vacuum & mop

Laundry

- Empty out lint traps
- Clean washer & dryer
- Wipe clean all surfaces
- Empty & replace garbage
- Vacuum & mop

Home Office

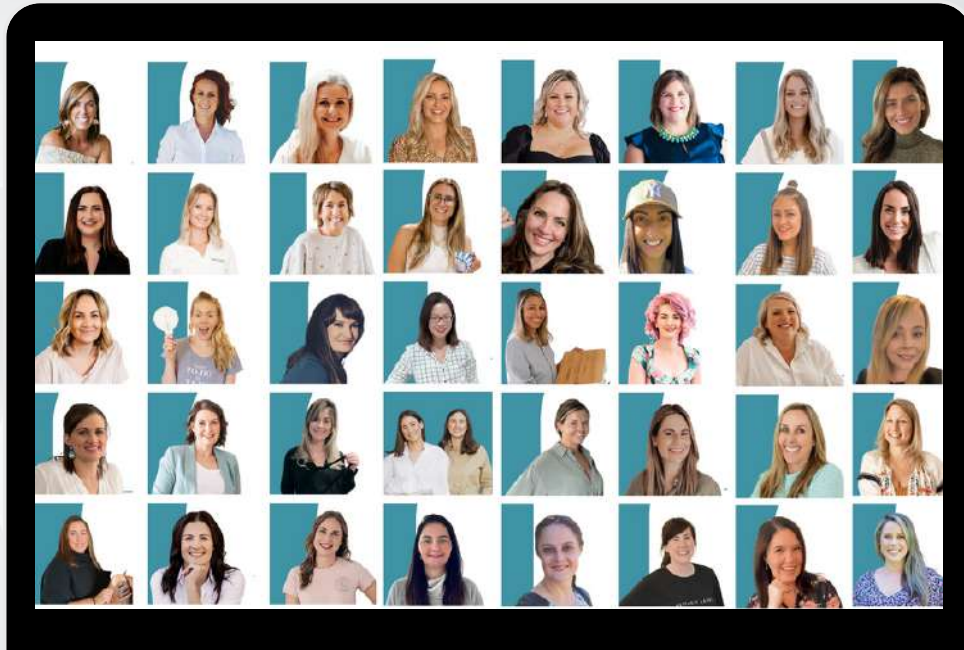
- Sanitise keyboard & mouse
- Recycle paperwork
- Recycle excess electronics
- Wipe clean all surfaces
- Organise office supplies

Well done!

For some special touches - light some scented candles, gift yourself some fresh flowers & rearrange furniture for a new fresh look!



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 findanorganiser.com.au

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Search the website directory and find your local Home Organiser.

[SEARCH NOW](#)



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Kickstart your career with confidence at The Organising Academy

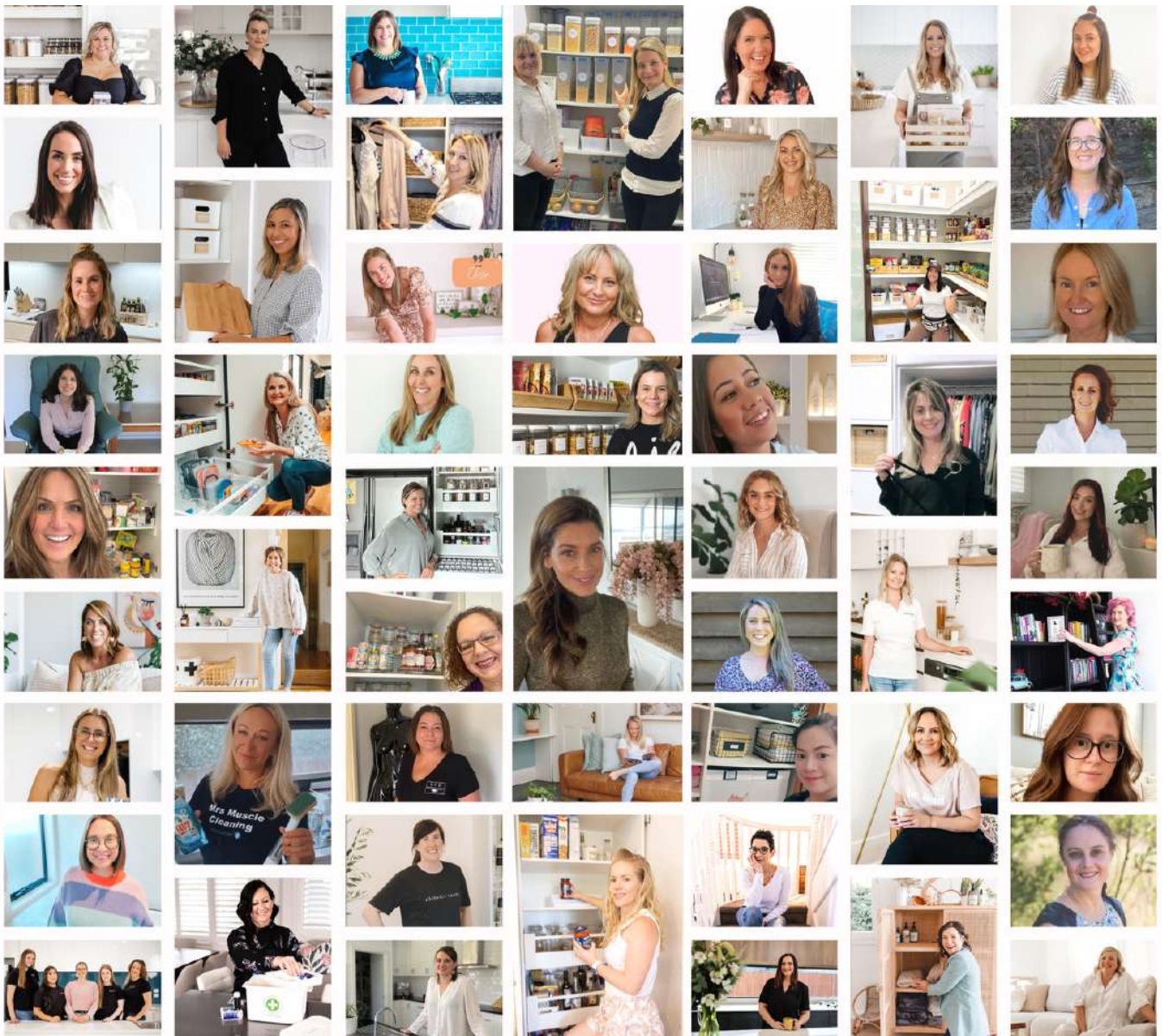
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